

LET'S CHECK YOUR EYESIGHT TODAY!

Place this page 3 meters (10 feet) away from you and make sure it's level with your eyes.
If you wear glasses, make sure you put them on.

Cover one eye with your hand and read aloud the letters of each row, beginning at the top. Continue to the bottom row or until the letters are too difficult to see. Now repeat the activity with your other eye covered. Get a family member or friend to let you know if you are getting them correct.

K H O R

O Z N H V C

R K S C Z H V D

H O C Z R K D S V N

S D K H O R C V



i This is not an official eye test. If you have difficulty seeing the letters on this page, talk to your teacher or guardian about your eyesight.

